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EASTERN ILLINOIS UNIVERSITY
Charleston, Illinois

news

HARRY READ, Director of Information and Publications (217) 581-2820

Oct. 3, 1986

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FOR IMMEDIATE RELEASE

CHARLESTON, IL--Dr. James L. Breen is a 1986 recipient of the Distinguished Alumnus Award at Eastern Illinois University. A 1948 graduate, Breen is a professor of sports medicine and director of the runner's clinic at George Washington University.

A resident of Oakton, Va., Breen is internationally recognized for his contributions to health, exercise and fitness. His professional experience includes teaching and coaching at the University of Illinois, director of research for the National Baseball League, and head of the physical education department at Tulane University.

Breen is vice president of the American Council of International Sports and is an active member of the American College of Sports Medicine.

The Distinguished Alumnus Award is given annually to graduates who "reflect credit on themselves and the University through their pursuit of excellence in their professions and through their contributions to society."